NVC-plus

for couples, groups and teams

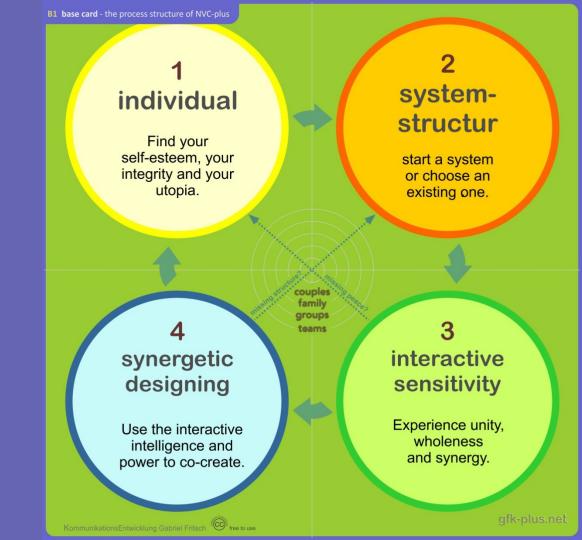
life-serving, self-organized and organic cooperations

The NVC-plus basis-cards

The map of a synergetic process

B1 - basic card

the process structure of NVC-plus



the process structure of NVC-plus

B2 Base card - the process structure explained

1 the source of life and power

You are completely ok and right.

Your contribution can always improve.

What is alive in you: What utopia, what drama, what potential, what need? **2** frameworking

Create a system or select one. Frame it in the sense of your liveliness.

Take the position, that suits you.

Do not only react and function. Act, and pay attention to the functionality of any system.

system diagnosis / -prognosis

system control?

4 the work

Work in the interactive knowledge and the field potential, which emerges in a peaceful togetherness.

Look for the right moment to stop and start your next cycle.

3 devotion

Experience the others in relation to you.

Experience yourself in relation to all and to the synergetic field.

Beyond sympathetic and unsympathetic there is this field. Let's meet there.

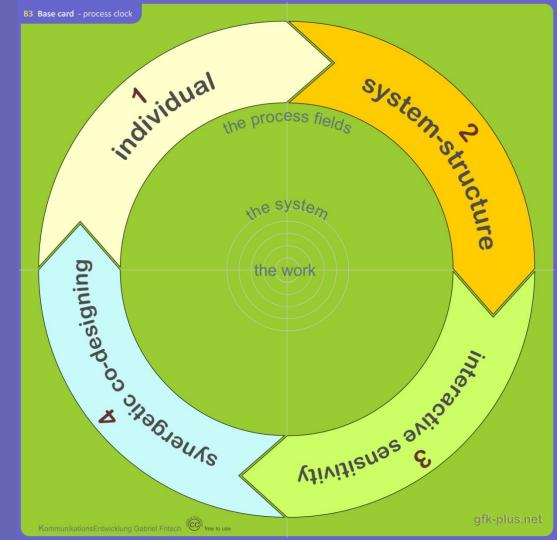
Gabriel Fritsch, Mannheim

www.gfk-mediation.de

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B3 - basic card

the process clock

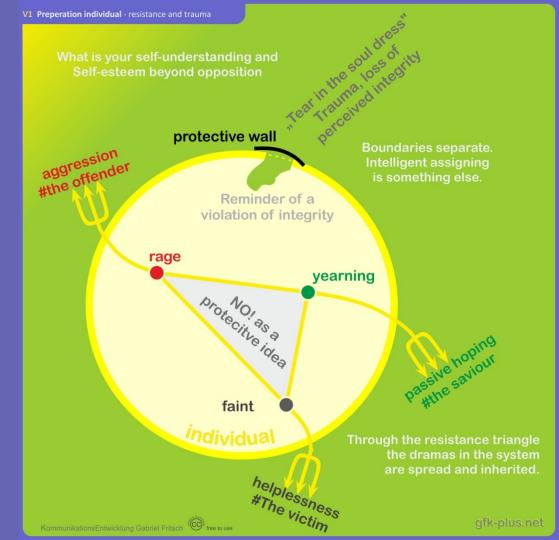


The preparation cards

Be ready for the self-controlling teamwork!

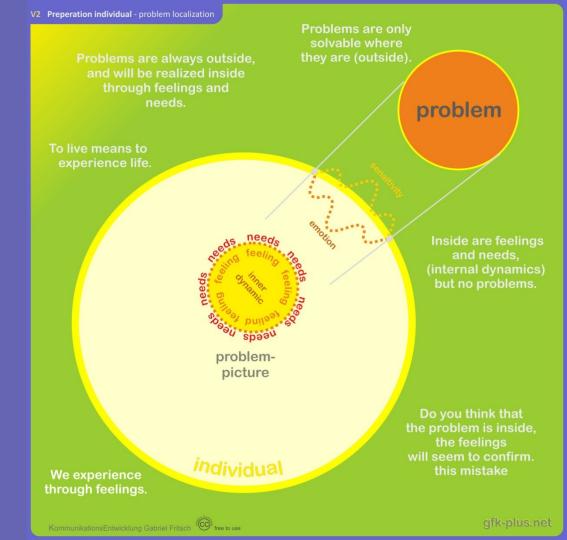
V1 - Preperation of the individual for NVC-plus

resistance, trauma and opposition



V2 - Preperation of the individual for **NVC-plus**

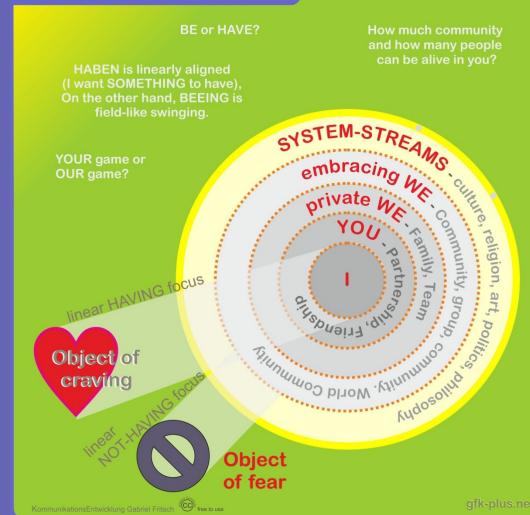
where are the problems situated



V3 - Preperation of the individual for NVC-plus

The expansion and alignment of consciousness

- linear
- field-like



system clarifing cards

for an agile and flowing system understanding

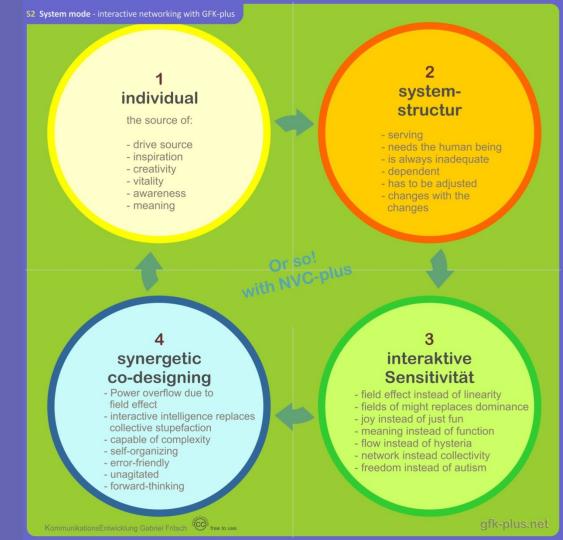
S1 - Explanation of the system modus

actual funktional system



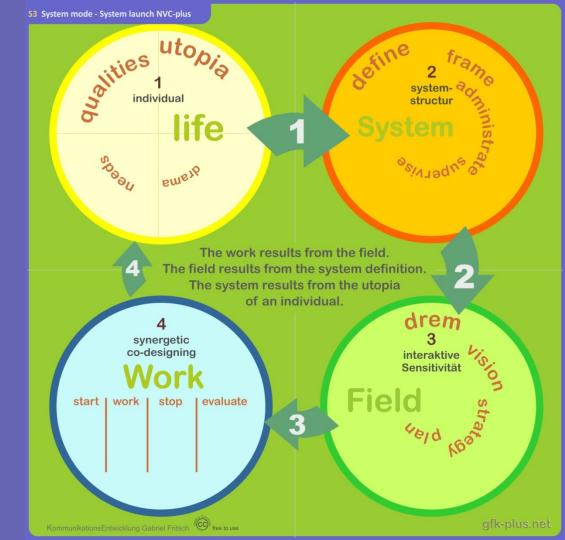
S2 - Explanation of the system modus

NVC-plus system for interaktiv networks



S3 - Explanation of the system modus

How a NVC-plus system will develope step by step

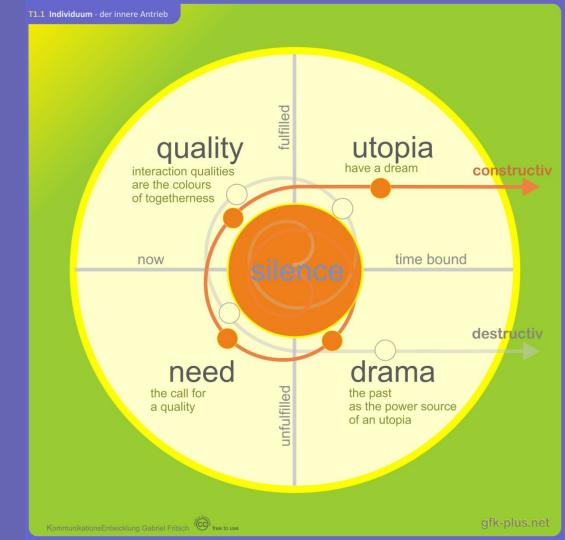


The tool-cards

Possible tools for the four process fields of NVC-plus

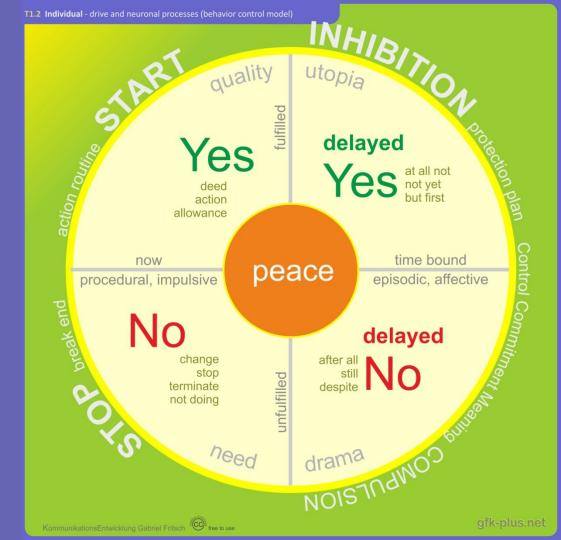
T1.1 - Individual

the inner drive



T1.2 - Individual

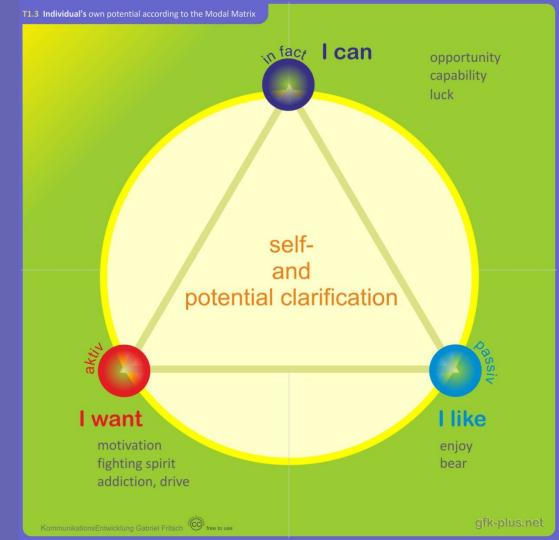
drive and 4 different neuronal processes of behaviour control (basis: Model of Prof. Julius Kuhl)



T1.3 - Individual

The potencials according to the Modal-Matrix

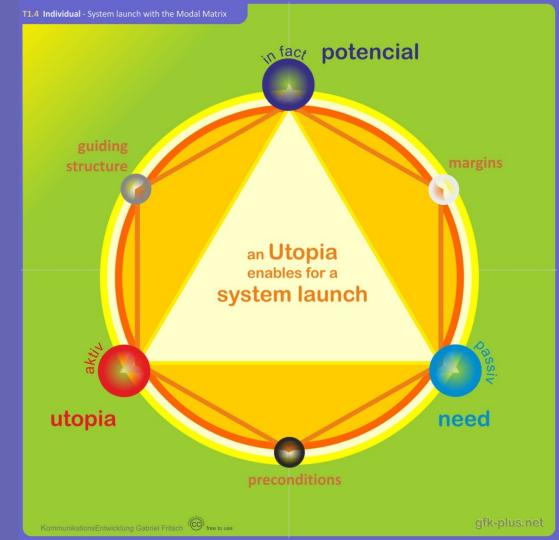
(basis: Model of Gabriel Fritsch)



T1.4 - Individual

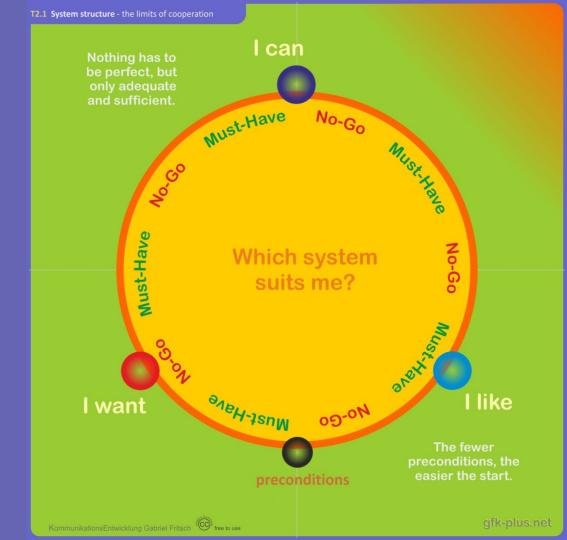
system launch with the Modal-Matrix

(basis: Model of Gabriel Fritsch)



T2.1 - System structure

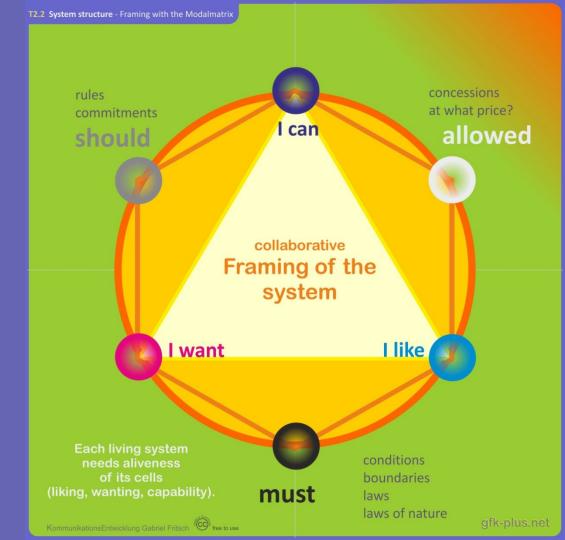
limits of cooperations by the limits of persons and the necessities for success



T2.2 - System structure

Frame the system with the Modal-Matrix

(basis: Model of Gabriel Fritsch)



T2.3 - System structure

layers of a system structure



T2.4 - System structure

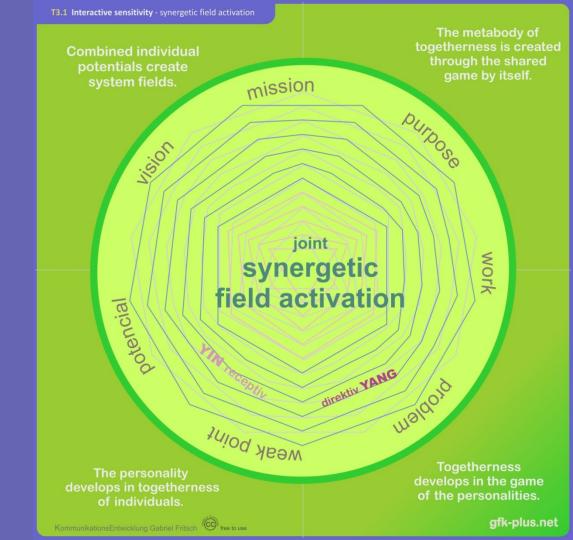
enrollment of a system structure with the Orbital Model

(basis: Model of Mag. Robert Kana)



T3.1 - interactive sensitivity

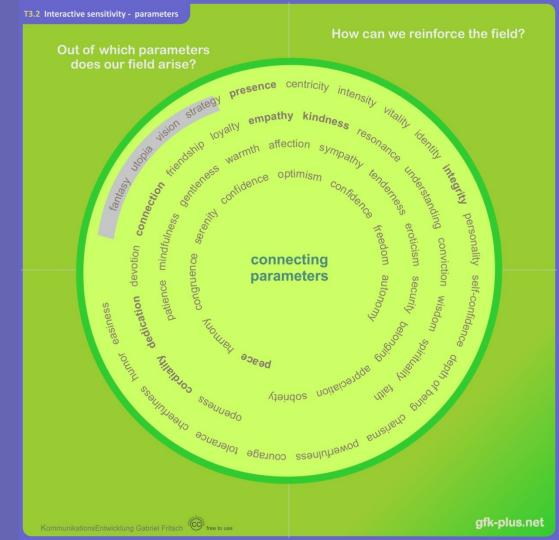
The synergetiv field activation out of the individual potencials



T3.2 - interactive sensitivity

The neccesties of a field in respect to the conection qualities

(basis: Model of Prof. Nosrat Peseschkian)



T3.3 - interactive sensitivity

different layers of resonance in a synergetic field



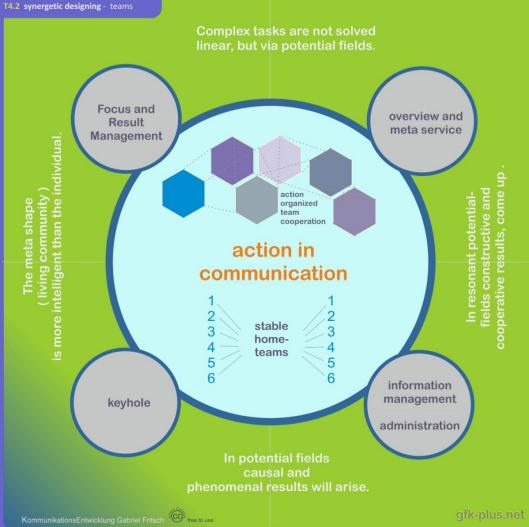
T4.1 - synergetic designing

The neccesties of success in respect to the forming qualities

(basis: Model of Prof. Nosrat Peseschkian)

T4.1 synergetic designing - parameters we need Which parameters are overview role model farsighted to competents. leadership: honesty sincerity competence commence c transparency containment politeness o take responsibility. Quochality understanding service stringency designing parameter information Willds agbayand by so performance. reson relent communication as finds of the solution of the sol ·Buinlos Waldord emit resources time

Formation of teams in a selforganized network

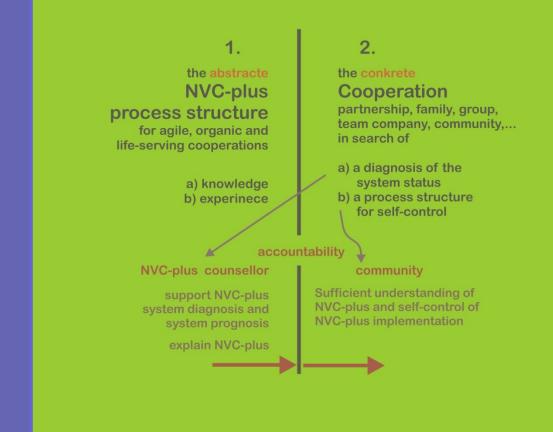


additional cards for NVC-plus

Helpful considerations

Z1 - additional card

How the responsibilities of NVC-plus consultants and NVC-plus communities are distributed



Z2 - additional card

name Your pain points (and also joy points)

Name the paining points

In cooperation, there are always stronger and weaker sources of pain. In order to be able to take them into account in the joint forward movement, relevant pain points should be named. From time to time e.g. everyone names his pain points in a meeting. They are not discussed or dealt with. They are only made available as navigation data. Questions of understanding are of course useful and can be answered, or not (no "why questions". Reformulate these). (Conflicts however should be solved e.g. with the classical NVC.)

Together we can now consider whether we want to adjust the system structures, strengthen the field or change the synergetic design so that "the shoe no longer pinches so hard".

Z3 - additional card

only practice can offer success

Only practice will bring success

understand, practice, apply, share



Functions can be trained, Learning is best done in a playful way, with freedom and humor.

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Who allready knows how it works, has stopped learning.

A giraffe comes to the ...

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